

# What I wish someone would have told me *when everything was new*

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*A Wisdom & Warnings companion for  
Tips from the Quad and the new college student*

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- Everyone looks like they know more than they do.
- Being on your own doesn't mean being alone.
- You don't have to love this chapter immediately.
- Asking questions is how confident people learn.
- You're allowed to change your mind.

College isn't just about classes. It's about learning how to manage freedom, uncertainty, and yourself; often all at once. Feeling unsure doesn't mean you're doing it wrong.

It means you're doing something new.

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# Reflection Prompts

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What feels hardest right now—and who could I talk to about it? (One person is enough.)

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What's one thing I don't need to have figured out yet? Give yourself a grace period.

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One small anchor that helps me feel grounded:

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These insights come from students who learned by showing up. You'll find 365 days of real-life wisdom in the *Wisdom & Warnings* book: *Tips From the Quad*.