



Jen Fort

SPEAKER | AUTHOR |
REINVENTION CATALYST

Jen Fort doesn't just talk about connection and reinvention, she's lived it. A speaker, author, and Reinvention Catalyst, Jen helps audiences start the conversations that change everything. When her corporate career ended unexpectedly, she chose courage over clarity, and built the Connectworking® movement, the Wisdom & Warnings® book series, and a coaching practice. Audiences leave her talks with a new conversation already started.

speaking style

- High-energy and immediately practical
- Emotionally resonant, never performative
- Grounded, honest, and grown-woman real
- Encouraging without being preachy

program formats

- Keynote (45–60 min)
- Breakout / Workshop (60–90 min)
- Panel Discussion
- Emcee

audiences served

- Corporate teams & HR / L&D
- Career transition & workforce development
- Women's leadership conferences
- Professional associations
- Alumni & life-pivot communities

signature talk

Talk Human to Me

How Human-First Connection Turns the Invisible into Unforgettable

We have more ways to communicate than ever. And somehow, real conversation has never felt harder to find. Connectworking® fixes the gap; replacing transactional networking with a simple, human framework people can use the same day. Because the conversations that move careers, teams, and lives forward aren't happening in Slack or on LinkedIn. They're happening between people. Best for: Career transitions, workforce development, corporate teams, alumni association

women's talk

Brave Enough to Begin

Why clarity comes after courage

Every reinvention starts with a conversation, and most often it's the super-honest one with yourself you've been putting off. The wait for clarity feels safe, but it isn't. It's expensive, paid in missed opportunities, growing self-doubt, and another year of almost. This talk doesn't wait for women to feel ready. It gets them honest, gets them moving, and gives them the conversation that starts everything.

what people say

"Jen brings authenticity, wisdom, and a depth you can feel the moment she speaks. Thoughtful, genuine, and the real deal."

— Kim Sorrelle, Podcast Host

"I loved it so much I used what I learned in a coaching session the same day it arrived."

— Connor A., Career Coach