

Jen Fort

SPEAKER | AUTHOR
REINVENTION CATALYST

Jen Fort doesn't just talk about connection and reinvention — she's lived it. A speaker, author, and Reinvention Catalyst, Jen helps listeners start the conversations that change everything. When her corporate career ended unexpectedly, she chose courage over clarity, and built the Connectworking® movement, the Wisdom & Warnings® book series, and a thriving coaching practice. Listeners walk away from every episode with a new conversation already started.

A perfect fit for podcasts centered on reinvention, change, learning from others, and the power of human connection.



popular podcast topics

Stop Waiting for Clarity: Why Momentum Comes After You Move

Why capable women get stuck in overthinking and how courage, not confidence, is the real starting point.

Protect Your Joy: Why Self-Loyalty Isn't Selfish, It's Survival

For women who have spent years being strong for everyone else and quietly lost themselves in the process. Jen explores what it really means to stop letting life steal your joy and why choosing yourself is the bravest thing you can do.

Stop Networking. Start Connectworking®

Why traditional networking feels transactional and how courageous, human connection creates real career momentum.

You Don't Need a New Life, You Need a New Decision

How one brave decision can unlock clarity, confidence, and momentum at any age or stage.

Borrowed Wisdom: Learning Faster by Listening Better

Why you don't have to learn every lesson the hard way and how to use other people's wisdom to accelerate your growth.

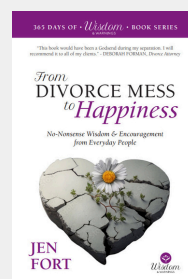
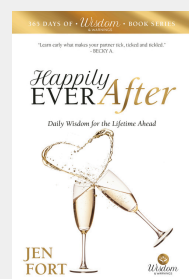
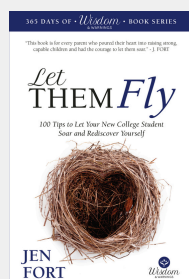
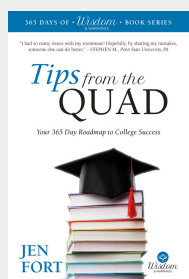
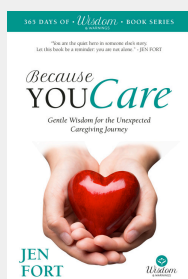
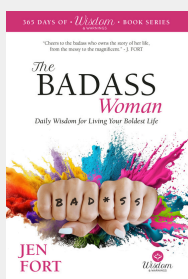
what people say

"Jen was a fantastic guest. We talked reinvention, Connectworking®, confidence, and next steps. Exactly the guidance our audience needed. 10/10 would recommend to any podcast host."

— Dr. Michael Ayalon,
Podcast Host

"Jen is smart, witty, and down to earth. That combination spells relatability, and in Jen's case, it's relatability with wisdom. She's a wonderful guest."

— Pat Wetzel, Podcast Host



Let's T.A.L.K.

www.iamjenfort.com

bookings@iamjenfort.com

Philadelphia, PA